

SEC4-A : Mastering Life Skills and Life Values

Semester 6

Objectives

1. To introduce students to the concept of life values, including their meaning, nature, and significance in personal and social life.
2. To develop understanding of different types of values such as moral, ethical, professional, aesthetic, and psychological values.
3. To promote self-awareness and self-management skills for holistic personality development and responsible behavior.

Expected Outcomes

1. Students will be able to explain the meaning, nature, and importance of human values in daily life.
2. Students will be able to differentiate between various types of values and understand their relevance in personal and professional contexts.
3. Students will develop self-awareness and self-management skills, leading to improved decision-making and ethical behavior.

Syllabus :

Life Values

Meaning and Nature of Values

Importance of Human Values

Moral Values

Ethical Values

Professional Values

Aesthetic Values

Psychological Values

Self-Awareness and Self-Management